

Brand Name	Generic Name	Starting Dose	Side Effects	Notes
Prozac	Fluoxetine	10 mg	Gastrointestinal symptoms, headaches, sleep disturbances Serious (rare): Increased suicidal ideation or behavior	Only FDA approved antidepressant to treat MDD in younger children
Zoloft	Sertraline	25 mg	Same as with Prozac	Has shown to provide efficacy in one of two randomized controlled trials
Celexa	Citalopram	10 mg	Same as with Prozac; also flu-like symptoms rhinitis, nausea, abdominal pain, fatigue, diarrhea, back pain	High drop out rate; has one positive randomized control trial for treatment of depression; Do not use doses higher than 40mg
Paxil	Paroxetine	10 mg	Same as Prozac, nausea, dizziness, dry mouth, somnolence	Investigators found that suicidal thoughts and attempts were roughly twice as high among children and adolescents taking Paxil in the United Kingdom than among those taking a placebo
Lexapro	Escitalopram	10 mg	Same as Prozac	Some insurances won't cover unless tried 2 other SSRI's; Has two positive randomized control trials
Effexor	Venlafaxine	37.5 mg	Weight change, bloating, constipation, weight loss, dry mouth, asthenia, dizziness, headache, somnolence, blurred vision, fatigue Serious (rare): cardiac dysrhythmia, myocardial infarction, sudden death, decreased liver function, jaundice, stroke, seizure, worsening of depression or suicidal ideation	Medication superior to placebo in adolescents but not children
Wellbutrin	Bupropion	150 mg	Hypertension, tachycardia, rash, weight change, nausea, constipation, dry mouth, headache, insomnia, dizziness, confusion, tremor, tinnitus Serious (rare): cardiac dysrhythmia, Stevens-Johnson syndrome, anaphylaxis, seizure	Contraindicated with MAOI therapy within two weeks; contraindicated with seizure disorders; contraindicated with bulimia; no RCTs; small open-label studies have suggested effectiveness in treating adolescent depression
Remeron	Mirtazapine	7.5-15 mg	Sedation, increased appetite, weight gain, high cholesterol, constipation, increased liver function, dizziness Serious (rare): Seizure	Not significantly better than placebo, monitor CBC and lipid panel; contraindicated with MAOI therapy within two weeks