



**Table 7-2
Stimulant Medications in the Treatment of Attention-Deficit/Hyperactivity Disorder (ADHD)**

Medication	Preparation (mg)	Approximate Duration (hr)	Recommended Dose
Methylphenidate preparations			
Ritalin	5, 10, 15, 20	3-4	0.3-1 mg/kg t.i.d; up to 60 mg/day
Ritalin-SR	20	8	Up to 60 mg/day
Concerta	18, 36, 54	12	Up to 54 mg/q AM
Metadate ER	10, 20	8	Up to 60 mg/day
Metadate CD	20	12	Up to 60 mg/q AM
Ritalin LA	5, 10, 15, 20	8	
Dexmethylphenidate preparation			
Focalin	2.5, 5, 10	3-4	Up to 10 mg
Focalin XR	5, 10, 20	6-8	Up to 20 mg
Dextroamphetamine preparations			
Dexedrine	5, 10	3-4	0.15-0.5 mg/kg b.i.d.; up to 40 mg/day
Dexedrine Spansule	5, 10, 15	8	Up to 40 mg/day
Dextroamphetamine and amphetamine salt preparations			
Adderall	5, 10, 20, 30	4-6	0.15-0.5 mg/kg b.i.d.; up to 40 mg/day
Adderall XR	10, 20, 30	12	Up to 40 mg q AM
Proamphetamine preparation			
Lisdexamfetamine (Vyvanse)	30, 50, 70	8	30-70 mg/day

b.i.d, twice daily; q, every; t.i.d., three times daily.